

**ATUL VIDYALAYA**  
**SECOND PRELIMINARY EXAMINATION 2012-13**  
**PHYSICAL EDUCATION**

**C**

**STD: X**  
**DATE :**  
**SESSION :**

**MM :100**  
**TIME:2hrs**

*Answer to this paper must be written on the paper provided separately.  
You will not be allowed to write during the first 15 minutes.  
This time is to be spent in reading the question paper.*

*The time given at the head of this paper is the time allowed for writing the answers.*

*Attempt all question from section A and two questions from section B.*

*The intended marks for questions or parts of questions are given in brackets ( ).*

**SECTION A (50 MARKS)**

**ATTEMPT ALL QUESTION**

**Question 1**

- (a) What are the symptoms of malaria? How it can be prevented and controlled. (4)
- (b) Mention any two causes of Insomnia? (2)
- (c) Explain the procedure of artificial respiration . (3)
- (d) How is aids spread from one person to another? (1)

**Question 2**

- (a) State any three harmful effects of drug abuse. (3)
- (b) Explain how exercise helps to prevent obesity. (3)
- (c) Define degenerative diseases. (2)
- (d) Define them : i] Antibiotic ii]Antiseptic (2)

**Question 3**

- (a) State four causes of sports injuries. (2)
- (b) Define the term organic diseases. Give two example of it.. (4)
- (c) What is meant by the term Vector Infection. Give one example. (4)

**Question 4**

- (a) Explain the terms : i] BMI ii] BCG (2)
- (b) List three advantages of recreation in the modern style of living. (3)
- (c) What points should be kept in mind in order to take proper care of our eyes? (3)
- (d) What are congenital diseases? (2)

**Question 5**

- (a) Name any two diseases spread by bacteria. (2)
- (b) What is splint? When is it used. (4)
- (c) Suggest any four precautions to avoid accident caused by cooking gas. (4)

Contd. on pg-2



